

Small changes, big differences.



Group Triple P Takes the guesswork out of parenting New positive parenting course starts soon...

This is a free parenting class to learn the skills of positive parenting to help you manage misbehaviour, using assertive discipline, having realistic expectations, and taking care of yourself as a parent.

This class will have 2 in person sessions, February 21st and March 27th.

The rest of classes will be on zoom.

There will be 5 classes total with 2 phone calls.

Please feel free to call me if you have any questions.

DATE: February 21st, 2024 – April 3, 2024

TIME: 9:00am-11:00am

VENUE: This first class will be at the Surprise Family Resource Center

12425 W Bell Rd. Bld A, #124

Surprise, AZ 85378

PRESENTER: Heather Okeke (480) 721-2473

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www.triplep-parenting.net

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